

SAFETY AND HEALTH

1. Children under 8 years old **MUST** be accompanied by a parent or adult guardian (18 years or older). Children 8-12 may be at the pool without parent or adult guardian when at least one lifeguard is on duty. At the discretion of the LIFEGUARD, the child may be sent home for unruly behavior.
2. As a safety precaution, a fifteen-minute rest period will be observed each hour except for adult swimmers. The only exceptions to this rule are as follows:
 - NO Adult Swims will be called
 - Monday-Thursday before 12:00 PM and after 6:00 PM
 - Friday-Saturday before 12:00 PM and after 7:00 PM.
 - Adult Swims will be called every hour on Sundays.
3. No glass containers of any kind are allowed in the fenced in pool area.
4. There will be no running, pushing, wrestling, snapping towels, noodle fighting, or causing undue disturbance around the pool or bathhouse areas. Horseplay will not be tolerated. Boisterous persons will be asked to leave.
5. Lifeguards are contracted for the safety of the swimmers. Please do not distract them. Any behavior that prevents the lifeguard from performing their job to the best of their ability will not be tolerated. **NO** playing around or hanging from LIFEGUARD STANDS.
6. Lifeguards will use discretion regarding all activities within the confines of the pool.
7. Only one person is permitted on the ladder, **NO** diving or jumping off the LIFEGUARD STANDS.
8. All diapered infants must wear rubber or plastic pants with snug fitting legs, or swim diapers.
9. Persons entering the pool must wear the proper swimming attire.
10. Food or cigarettes should be kept at least ten feet from the edge of the pool.. Please use the proper trash containers provided.
11. No pets or animals are permitted within the bathhouse or fenced in pool area. Pets in other recreational facility areas must be contained on a leash.
12. Persons that exhibit open wounds, skin rashes, etc. will not be permitted in the pool.
13. Swimmers are requested to remove all loose metal objects before going into the pool. This includes pins, bracelets, jewelry, hair clips, etc.
14. There will be **NO** hanging or playing on the LIFELINES or POOL ROPES. The lifeguards must approve all pool toys and flotation devices. Examples of inappropriate toys are footballs or soccer balls (except Nerf), water guns, etc.
15. No children are allowed in the baby pool without **ADULT** supervision. This pool is for children up to age 4 years old.
16. An adult **MUST** supervise any individual that is reliant on a flotation device for their safety, at **ALL** times.
17. There is to be **NO** diving in the shallow end of the pool. "Diving" is defined as any headfirst entry into the water. This rule is to be enforced with **ALL** ages.
18. Running will not be allowed on the pool deck. "Running" is defined as any accelerated movement for more than two steps. This rule has **NO** exceptions; i.e. sharks, or other pool games, etc.
19. **WEAPONS** of any form will **NOT** be allowed on pool grounds. The County Sheriff will be called when a weapon is reported.
20. No bicycles, skateboards, skates, roller blades, scooters, etc. are allowed in the clubhouse area, pool deck, walkways, or on the tennis courts at any time.
21. Food and drink will not be permitted in the shower rooms. Loitering, littering, or boisterous activity in these areas will not be permitted.
22. Any blatant disregard for a LIFEGUARDS authority will result in that person's immediate removal from the pool. **FIRST OFFENSE: 1 hr. TIME OUT OF THE POOL. SECOND OFFENSE: SENT OUT OF POOL FOR REST OF THE DAY. THIRD OFFENSE: THREE DAYS OUT OF THE POOL.** This rule exists to be used at the Lifeguards discretion in matters not specifically defined in the **RULES and REGULATIONS**. The following are common examples: verbal barrages, violent language, cursing, and disrespectful comments directed towards Lifeguards or other members.